Tame that Tongue! (James 3:1-12) Lesson for Kids

March 10, 2019

In this lesson, we will consider the power of words. They can build up or break down, and the tongue is quite a significant weapon. We will discuss the importance of the “Thumper principle” (if you can’t say something nice, don’t say anything at all!).

Lesson focus: Our words are powerful, and we need to use them wisely for telling the truth and lifting others up, rather than bringing them down.

Passage: James 3:1-12

Key Verse: All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, but no human being can tame the tongue. It is a restless evil, full of deadly poison. -James 3:7-8

Target Audience: Pre-k through sixth grade (adaptable)

Materials Needed: Envelopes, decorative materials, paper, scissors, apple slices, marshmallows, Bibles, salt, sugar, toothpaste tube.

Lesson Opening: What’s the tongue got to do with it? This is an old classic that seems to always serve as crowd pleaser… have small bags or cups prepared, some with salt and some with sugar. Invite students to pick which one they’d like to sample, not telling them (or marking in any way) which is which. Challenge kids to take a pinch of the one they chose, and see how it tastes. Note the obvious differences between salty and sweet. What would kids rather have? Also, consider how just a little bit of salt can completely change the dynamic of a recipe or a dish. Anyone who’s had homemade ice cream when rock salt leaked in can testify to that…

Explain that today we will be talking about the tongue, but not just how it tastes things. The lesson will focus on how important our words are. Play a quick round of “compliment hot potato.” Pass around a ball or other item while playing or singing a song. When the ball lands, have the person holding it say a kind thing to someone else in the circle. Play a couple of rounds, and then dive in on the Scripture.

Bible Lesson:
Has anyone ever walked a dog? It’s easier when there’s a leash to restrain animals with. Well, has anyone ever ridden a horse? Consider how amazing it is that the whole huge old horse can move just with a little piece of cloth in its mouth. Show pictures of horses and explain the bit. Also, show forest fire pictures (attached)...how do these fires start? Often just with a tiny spark. It doesn’t take much to make a huge blaze. Well, believe it or not, the Bible talks about part of our very being that is the same. We have the potential to do some incredible or horrible things, and do you know what we use to do them? Our tongues! More specifically, the way we communicate has power. Consider the words of James:

When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go. Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one’s life on fire, and is itself set on fire by hell.

James 3:3-6

He is not playing around here. The things we say can have huge rippling impact on those around us. Have you ever played “telephone”? Well, the way information mutates can cause rampant gossip and ill feelings to run wild around us. Continue the passage...

All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, but no human being can tame the tongue. It is a restless evil, full of deadly poison.

James 3:7-8

Take a tube of toothpaste. Invite a student to squirt out some of it (into a cup or napkin). Ask another student to place the toothpaste back into the tube. This is rather impossible, isn’t it? The same is true of our words. Once we speak something, we can’t just take it back. We must think BEFORE we speak, asking ourselves and God if what we are about to say is holy, truthful, positive, uplifting... (consider Philippians 4:8).

With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God’s likeness. Out of the same mouth come praise and cursing. My brothers and sisters, this should not be. Can both fresh water and salt water flow from the same spring? My brothers and sisters, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water.

James 3:9-12
Would you cook in a toilet? Um, eew, no! Or could you get apples from an orange tree, or sweet tea from a Coke machine? What James is saying here is that we can't be acting like we love and worship God, and turn around and badmouth our peers. We need to make sure our mouths are clean, meaning good things come out of them. We don't eat poop (hopefully). So let's not let it come out of our mouths, either.

Craft:
Positive word possibilities. Give children envelopes and have them decorate to look like faces, or at least mouths. Provide paper cut-out “tongues” for children to write on. Help them come up with positive word or phrases for their own attitudes, or kind and encouraging things to say to others. Have students put these affirmations inside the envelope mouths, and urge them to look them over when they feel tempted to use unkind language.

Snack (Optional): Provide children with apple slices and help them make “mouths…” Place peanut butter or frosting on the side of the apples and line with mini marshmallows to look like teeth. For extra fun, through a fruit roll up or licorice “tongue” in. See example:

Close with prayer and thank God for loving us and forgiving our rash mouths. Ask for wisdom in speech as we use kind and positive words to uplift one another.
A Harvest of Righteousness is Sown in Peace

Slow to Anger
Slow to Speak
Quick to Hear
The tongue can be a tremendous tool...or a deadly weapon! It might seem simple enough, but our words have powerful impact. It’s important to teach young children that our words carry weight, and we want to use them wisely. These crafts remind students to think before speaking and to use kind words that build others up and glorify God. A “tongues in cheek envelope” offers ideas for using speech well. A “two-tongued puppet” warns of the dangers of harmful words. And a fun “open-mouths snacktivity” provides a fun edible craft to enjoy!

**Bible Verses or Craft Captions to Consider... (James 3:1-12)**

> For every kind of beast and bird, of reptile and sea creature, can be tamed and has been tamed by mankind, 8 but no human being can tame the tongue. It is a restless evil, full of deadly poison. 9 With it we bless our Lord and Father, and with it we curse people who are made in the likeness of God. -James 3:7-9

*Words can be Harmful...words can be helpful!*

*Use words wisely! Here’s how...*

*Glorify God with speech and praise!*

*Lift others up with words*

*Use the tongue as a tool of kindness!*

*Think before you speak!*

**More Teaching Ideas:**

- Watch the video example of this [children’s sermon lesson](#) or related [Bible craft demonstration](#)
- Compare a full [James 3:1-12 Sunday School Lesson](#)
- Compare an alternate [kids Bible lesson on Taming the Tongue](#)
- Download our [Book of James coloring page](#)
Craft one: “Tongue in Cheek Envelope”

You will need:

- Construction paper or cardstock
- Glue, tape, or staples
- Scissors
- Markers, crayons, etc.
- Envelopes
- Other decorations (jewels, stickers, etc.)

Procedure:

1. Decorate the envelope, adding a “face” to make the opening flap appear as a mouth.

2. Add verses or captions to the front of the envelope.

3. Cut “tongue” or mouth shapes out of construction paper or cardstock.

4. On the “tongues”, write ways to use words kindly and positively.

5. Tuck the wise word methods into the envelope, and use it to remember how to use words well!
Craft Two: “Two-Tongued Puppet”

You will need:

- Paper plates
- Stickers/decorations
- Markers/crayons
- Cardstock/paper
- Glue/tape
- Scissors
- Popsicle sticks
- Captions/verses

Procedure:

1. Decorate one side of the plate to look like a “sad face”, with tongue sticking out.
2. On the opposite side of the plate, add a smiling mouth and happy face.
3. Add verses and captions to consider the potential two-sided nature of our words!
4. Glue or tape a popsicle stick to the plate to hold it up as a puppet.
5. Alternate option: use a paper bag as the base for your puppet.
Craft Three: “Smiling Apple Snacktivity”

You will need:

- Apples, sliced
- Miniature marshmallows
- Peanut butter (or frosting/cream cheese)
- Tools for spreading and serving

Procedure:

1. Cut an apple into slices.
2. Smear with cream cheese, peanut butter, or frosting.
3. Add mini marshmallows to the sliced apples to look like “teeth.”
4. Admire your “mouths”...then put them in your mouth and enjoy! 😊
This message emphasizes to kids the importance of using speech wisely. Children experience the impact that words can have, but they don’t always stop to think before they speak or consider how their words will impact others. This message reminds students that the things we say can be a helpful tool or a harmful weapon. Words do have lasting effects for good or for bad. We want to encourage our young people to use their mouths to glorify God and to lift up those around them.

**Law/Gospel Theme:** In this passage we focus on how our speech can serve dual purposes, to potentially help or harm. We recognize that sometimes we do make mistakes and say things we should not. It’s important to remember at these times that we can use our speech to ask for forgiveness, both from other people and from God. We know that He will always grant grace and give us the strength and wisdom to use our words well.

**Optional Materials:** items that could be tools, but also potentially dangerous (for example, lighter, razor, knife, hammer, etc.).

**Bible Passage:** James 3:1-12

**Message Note:** As with most messages, the details of how you choose to communicate this are adaptable and should cater to timing as well as to your audience and student needs. Use your judgment and ideas to best serve students.

**More Teaching Ideas:**

- Watch the video example of this [children’s sermon lesson](https://www.ministry-to-children.com) or related [Bible craft demonstration](https://www.ministry-to-children.com)
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- Download our [Book of James coloring page](https://www.ministry-to-children.com)
Greet children, carrying (in hand or bagged) several items that could be tools or potentially cause harm:

Hello, children of God!

Are there any items in your house that you are not allowed to touch or use? I have a few items here that I brought from my house. I use these now, but I'm always very careful about how I use them and how I put them away. When I was younger, I wasn't even allowed to touch these things. (*Take out whatever items you have, and describe them one by one.*)

So here I have a lighter. Now, this is a helpful tool if I want to light a fire in the fireplace, or if I have candles to light or something. However, if I used it for the wrong purpose, I might start a fire that could do damage, or I could burn myself. That's why it's never good to play with matches or lighters...now, I also have a very sharp knife right here. If I want to cut a watermelon or a loaf of bread or a turkey (*side note: obviously the same knife would not be used for all of those foods...just describe whatever knife you have*) this knife would be great. On the other hand, if I don't use this carefully, I could cut myself or someone else, which might even lead to a hospital visit. Over here, I have a razor. You might see these in your parents' bathroom, for when they need to shave. But it's not something that a kid should play with, because there are sharp blades on here that could hurt you!

So you can see through just a few examples that there are a lot of things we have that can be used either as helpful tools or potentially dangerous weapons. Did you know that you have something you carry around all the time that works the same way?? There is a part of YOU which can be used to help or to hurt. Do you have any idea what it might be? (*Stick out your tongue.*) It's THIS! Your tongue! The Bible talks about how powerful and even dangerous the tongue can be. The book of James says that the tongue is like a fire, and can be full of poison! Now, you might be wondering how our tongues can have such potential. After all, what do we use tongues for besides tasting and eating food? Well, our tongues are essential for something else: talking! Speech is a remarkable and unique gift that God gives us, but He wants us to use that gift carefully. The things we say can actually have a huge impact on people.

For instance, when we say things that are not true, or that are not kind, it can hurt someone's feelings. There's a saying “sticks and stones may break my bones, but words will never hurt me”...It's not entirely true. Words can definitely hurt deeply. We can also misuse speech when we speak disrespectfully. Maybe you talk back to a parent or a teacher, or fight with someone and say something rude on purpose. You
might even use inappropriate language or say a bad word. Or you might gossip and say something about someone else...there are a lot of ways that we might worry, anger, or hurt someone with our words.

On the other hand, there are a lot of positive things we can do with our words, as well! Can you think of any? (Allow responses.) We can say things that are kind and encouraging to compliment others. We can use speech to teach people things. We can cheer someone on or support them. And we can use our words to praise and glorify God! We worship Him with music, and also through prayer. God always wants us to come to Him in prayer and will always grant us grace when we make mistakes.

It’s important to stop and think before we speak. We need to think about the words we use and consider whether they will be helpful or harmful. If we don’t have kind words to use, it might be best to not say anything. Think about the way you want others to speak to you, and address them in the same way. Avoid speaking out in anger towards someone. Sometimes we mess up. We might say something we shouldn’t, and we usually can’t just “take it back”. However, we can also use our words to confess, apologize, and ask for forgiveness. We can do this with people we hurt, and we can do it with God, who will always forgive us and have mercy on us. How wonderful to know that we can ask God for wisdom and guidance as we use our words!

Why don’t we say a prayer to God right now?

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**Children’s Prayer Moment:**

(Have kids repeat each line)

Dear God,

Thank you for the gift of speech

Help us to use our words well and wisely.

May we glorify you with our mouths

And encourage and help others

Thank you for your love

We love you, God!

In Jesus name, Amen!
Not many of you should become teachers, my brothers, for you know that we who teach will be judged with greater strictness. 2 For we all stumble in many ways. And if anyone does not stumble in what he says, he is a perfect man, able also to bridle his whole body. 3 If we put bits into the mouths of horses so that they obey us, we guide their whole bodies as well. 4 Look at the ships also: though they are so large and are driven by strong winds, they are guided by a very small rudder wherever the will of the pilot directs. 5 So also the tongue is a small member, yet it boasts of great things.

How great a forest is set ablaze by such a small fire! 6 And the tongue is a fire, a world of unrighteousness. The tongue is set among our members, staining the whole body, setting on fire the entire course of life, and set on fire by hell. 7 For every kind of beast and bird, of reptile and sea creature, can be tamed and has been tamed by mankind, 8 but no human being can tame the tongue. It is a restless evil, full of deadly poison. 9 With it we bless our Lord and Father, and with it we curse people who are made in the likeness of God. 10 From the same mouth come blessing and cursing. My brothers, these things ought not to be so. 11 Does a spring pour forth from the same opening both fresh and salt water? 12 Can a fig tree, my brothers, bear olives, or a grapevine produce figs? Neither can a salt pond yield fresh water. -James 3:1-12
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This resource was prepared by Kristin Schmidt (pictured right). She serves at the Epiphany Lutheran Church in Castle Rock, CO. She has shared her teaching gifts through Ministry-To-Children since 2014 and now serves as our lead curriculum writer.

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Kristin has a professional background in elementary and pre-school education. A graduate of Biola University, she holds a Master of Education and will receive the Master of Theology degree from Concordia University, Irvine, California, in May 2020. Kristin grew up in southern California and lived the past 10 years in Georgia. She is a long-distance runner and voracious reader.

My name is Tony Kummer (pictured below). I started Ministry-To-Children.com in 2007 as a free resource for anyone sharing Jesus with kids. It is my personal honor to share these resources with churches around the world.

Reader donations and your support at The Sunday School Store fund these free materials. Please keep us in mind when you are choosing your next children’s ministry curriculum.

If you enjoy our material, be sure to sign-up for my free email newsletter called “Sunday School Works!” Every Tuesday, I send the latest new lessons, crafts, and coloring pages in print-friendly format to make your lesson planning easy.

May God continue to bless your ministry!

Tony Kummer